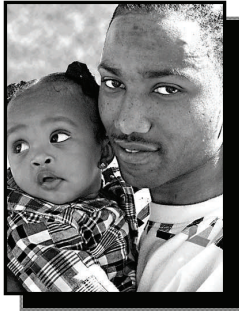


What can Home Visiting do for me?

"Taking care of my baby girl alone was difficult at first, but the home visitor helped me figure out goals for my family and how to reach them."



"During my pregnancy, I felt the weight of the world on my shoulders. I didn't know who to ask for help. My home visitor encouraged me to take care of myself and stay in school. She taught me the importance of reading to my baby even before he was born."



"I thought that being a grandparent would come naturally. I didn't realize how many things had changed since I was a parent. I am a better grandparent today because my home visitor showed me how to get the information I needed."



Why is Home Visiting important to my family?

Parents have a great impact on their children's development in the early years and often times want help with parenting issues that may be a challenge.

Children who enter kindergarten with the social, emotional and thinking skills needed for success are more likely to do well in school and in life.

Learning begins before children enter school. Positive experiences in the first five years of life establish a strong foundation for school, peer and life success.



City of Richmond
Early Childhood Development Initiative
701 N. 25th Street, Room 229
Richmond, Virginia 23223
Referral Center Phone: 804-646-1869
Referral Center Fax: 804-646-0318

Are you pregnant or caring for children under the age of 6?



Richmond Home Visiting Referral Center



City of Richmond
Early Childhood Development Initiative

What is Home Visiting?

Home Visiting is a service that helps new parents and parents-to-be get their children off to a healthy start. “Home visitor” is a name used for a trained outreach worker, family specialist or nurse who provides education, information and resources to families with young children. Home visiting happens in the convenience of your home. The Home Visitor can help in many ways:

Show you how to have a healthy pregnancy

Teach you how your baby grows, develops and learns

Talk with you about how to keep your child safe

Explain how your child is always thinking and learning

Suggest ideas about how to cope better during challenging times in pregnancy and as a parent

Coach you on self care and goal setting

Guide you to important resources to help your family thrive and succeed

What is the Home Visiting Referral Center?

The **Referral Center** is a FREE service that matches parents, parents-to-be or others caring for young children with a FREE home visiting program that best fits their needs.

Programs serving Richmond City include:

- **CHIP of Greater Richmond**
- **Early Head Start (Home based)**
- **Healthy Families Northside**
- **Healthy Families Richmond**
- **Richmond Resource Mothers**



How do I request Home Visiting?

Richmond City residents who are pregnant or caring for children under the age of 6 may qualify. Home visiting services may be helpful in the following situations:

- A high risk pregnancy
- A child born prematurely or a child with special health or learning needs
- Several children born close in age
- Live in a group home for teens
- Care for young children as their grandparent or guardian
- Concerns about your child’s development
- History of substance abuse or domestic violence
- Other situations that make parenting a challenge

Requesting services is completely voluntary and easy. Just take these steps:

- Ask your health care provider or case worker to tell you about home visiting
- Sign the completed referral form
- Your health care provider or case worker will fax the form to the Referral Center at **(804) 646-0318**. If you do not have a referral form, call **(804) 646-1869**.